



Fig Tree Pocket State School P & C

## TUCKSHOP MENU Term 3 2022

Open Wednesday, Thursday and Friday  
Orders are taken for First Break (11am)

[www.flexischools.com.au](http://www.flexischools.com.au)

online ordering only, closes 8:00am

no orders taken at the tuckshop, cashless system

## DAILY SPECIALS

### WEDNESDAY

Cheese Pizza

\$3.20

Smoothies

\$3.50

### SUSHI

Sushi is available Wed & Thurs.

Orders close 830am the Tuesday before.

Large variety available.

Inari Pocket  
Rice Paper Rolls  
Sushi Rolls  
Bento Box

### THURSDAY

BBQ Chicken

Pizza

\$4.20

Meatball Sub \$5

Butter Chicken

\$5.00

### FRIDAY

Beef & Bean Burritos \$5

Veggie Burger

\$5.00

Hot Dog \$3.50

Chicken Burger

\$4.70

### HOT OPTIONS

Pasta Bolognese \$4.70

Gluten Free Bolognese \$4.90 GF

Fried Rice-Noodles \$4.40 GF

Mac n Cheese \$4.50

Chicken Tender mini wrap \$3.50

Half Corn Cob \$1.00

Garlic Bread \$1.00

Party pie \$1.50

Nuggets & veg dipping sauce \$3.80

### DRINKS

Plain Milk 200mls \$1.60

Water 600mls \$2.00

Apple/Tropical Popper 250mls \$2.00

Milk (choc/straw) \$2.50

### FROZEN SNACKS

All ordered online, kids come up to the counter at the play bell during first break to collect.

Vanilla Ice Cream Cup \$2.00

Vanilla DF Ice Cream cup \$2.00

Quelch fruit stick 80c

Lemonade Icy Twist \$1.50

GF Every care is taken to ensure these items are gluten free, however as there are a variety of products prepared in our kitchen, we cannot \$100% guarantee this.

### TOASTED SANDWICHES

Cheese \$3.30

Ham or Chicken \$3.50

Cheese & Tomato \$3.90

Ham or Chicken & Cheese \$4.00

Ham or Chicken & Cheese & Tomato

\$4.30

## SNACKS

Boiled Egg \$1.00  
Plain pikelet 70c  
Apple Crumble \$2.20  
Yogurt Crunch \$2.20  
Snack Box bliss balls/carrot sticks/rice  
crackers & cheese \$2.30 DF avail  
Pikelet with butter/butter & jam 80c  
Muffin blueberry/'choc' \$1.20  
Popcorn 80c GF  
Custard cup \$1.00  
Vanilla Yogurt Cup \$1.20  
Apple Puree \$1.50

## SALADS

Green Salad Box \$5.00  
(choose your salad – lettuce tomato,  
beetroot, carrot, cucumber, cheese)  
Add chicken or ham for \$1.10  
Add Tuna for \$1.50  
Egg 50c

## SANDWICHES

GF Available  
Vegemite, Jam or Honey \$2.10  
Cheese \$2.80  
Ham or Chicken \$3.30  
Egg \$3.00  
Egg & lettuce \$3.40  
Salad \$3.00  
(lettuce, tomato, carrot, beetroot)  
Add cheese for 50c  
Add Ham or Chicken \$1.00  
Add tuna \$1.50

## FRUIT

Oranges wedges \$1.50  
Manderin \$1  
Slinky apple \$1.50

If your child has a food allergy, please contact us in the tuckshop as we would like to provide tuckshop meals for all children. Nancy Williams [ftpsstuckshop@gmail.com](mailto:ftpsstuckshop@gmail.com)

## VOLUNTEERS

Volunteers are always welcome, no experience needed.

[ftpsstuckshop@gmail.com](mailto:ftpsstuckshop@gmail.com)

Your support is greatly appreciated and keeps the tuckshop running.